

Step-By-Step Instructions for Receiving Therapeutic Footwear for Diabetes from Medicare

Welcome to The Foot Performance Center. We are excited to help you protect your feet from breakdown and/or ulceration by using properly fitted diabetic footwear. Please follow these instructions so that we can expedite the process of getting you into your new shoes.

1. Take the enclosed Diabetic Footwear Prescription Form (see Page 2) to either your MD or your podiatrist (DPM) to complete- the prescription must be specific as to the exact number of inserts you and your doctor decide that you need. Please remember that this prescription is only valid for 90 days from the date it is signed. You must receive your new items within 90 days of the prescription date, so please don't delay in returning to our store.
2. Take the enclosed Statement of Certifying Physician (see Page 3) and the Guideline for Clinical Notes (see Page 4) to your Medical Doctor (MD) or Doctor of Osteopathy (DO) who is treating you for your diabetes and have them complete both forms in their entirety. PLEASE NOTE THAT YOUR DOCTOR MUST SEND US CLINICAL NOTES FROM YOUR VISIT, AND THEY MUST INCLUDE KEY STATEMENTS REQUIRED BY MEDICARE. This is all outlined on the Guideline for Clinical Notes (page 4).
3. Once all of your paperwork is complete, return to our store with your completed paperwork and all of your insurance cards (Primary and Secondary). Our pedorthist will have you complete a Patient Registration Form. Subsequent to filling out your paperwork in the store, our Medical Information Manager must verify your coverage, deductible and co-pays with your insurance companies. We will contact you if we have any questions. Once all of your paperwork is in order, our pedorthist will provide you with your prescribed footwear.
4. Once you have received your footwear and paid any co-pay or deductible, we will bill your insurance company for you. Please allow approximately 45 days from the date you receive the footwear to receive notice from your primary insurance and then an additional 45 days to receive notice from any secondary insurance you may have.
5. If you have any questions regarding your insurance or the billing of your claim, you may call our office at 585-473-5950.
6. Make sure you continue to visually inspect your feet daily, or have a friend or loved-one help you. If you notice any red spots, please come see our pedorthists immediately.
7. Rotate your inserts throughout the year. Inserts have an average life of four months. Visually inspect them for signs of wear or breakdown. If you have any questions, please come see our pedorthists immediately.
8. Mark your calendar for January 1st. Your benefits renew each calendar year.
9. Enjoy! Please call us with any questions. Also, check out www.footperformance.com

The Foot Performance Center
3385 Brighton Henrietta Town Line Rd.
Rochester, NY 14623

STATEMENT OF CERTIFYING PHYSICIAN FOR THERAPEUTIC FOOTWEAR

*NOTE: FOR COVERAGE BY MEDICARE UNDER THE THERAPEUTIC SHOES FOR DIABETICS PROGRAM—**THIS DOCUMENT MUST BE SIGNED BY THE M.D. OR D.O. MANAGING THE PATIENT'S SYSTEMIC DIABETIC CONDITION AND THE STATEMENTS DOCUMENTED BELOW MUST BE DOCUMENTED IN THE PATIENT'S MEDICAL RECORD—WHICH WE MUST ALSO RECEIVE A COPY OF TO VERIFY THE ITEMS BELOW.** THIS SCP MUST BE ACCOMPANIED BY A SIGNED DIABETIC FOOTWEAR PRESCRIPTION FORM.*

Patient Name: _____

I certify that all of the following statements are true:

- 1) This patient has diabetes mellitus- ICD-9 Code: 2_____. _____ (Five digit ICD-9 Diagnosis Code Required 249.00-250.93)
- 2) This patient has **one or more** of the following conditions (**check all that apply**):

History of partial or complete amputation of the foot.	<input type="checkbox"/> Lower limb amputation, foot (V49.73) <input type="checkbox"/> Lower limb amputation, great toe (V49.71) <input type="checkbox"/> Lower limb amputation, lesser toe(s) (V49.72)
History of previous foot ulceration.	<input type="checkbox"/> Ulcer of heel and midfoot (707.14) <input type="checkbox"/> Ulcer other part of foot (707.15)
History of pre-ulcerative foot callus.	<input type="checkbox"/> History of pre-ulcerative callus (707.9)
Peripheral neuropathy <u>and</u> evidence of callus formation.	<input type="checkbox"/> Polyneuropathy in diabetes (357.2) <u>and</u> History of pre-ulcerative callus (707.9) BOTH MUST BE PRESENT
Foot deformity. Other ICD-9: _____	<input type="checkbox"/> Claw toe (735.5) <input type="checkbox"/> Hammer toe (735.4) <input type="checkbox"/> Hallux valgus (735.0) <input type="checkbox"/> Hallux rigidus (735.2) <input type="checkbox"/> Unspecified acquired deformity of toe (735.9) <input type="checkbox"/> Unspecified deformity of ankle and foot, acquired (736.70) <input type="checkbox"/> Charcot Arthropathy (713.5)
Poor circulation in either foot. Other ICD-9: _____	<input type="checkbox"/> Atherosclerosis of the extremities, unspecified (440.20) <input type="checkbox"/> Atherosclerosis of the extremities with intermittent claudication (440.21) <input type="checkbox"/> Atherosclerosis of the extremities with ulceration (440.23) <input type="checkbox"/> Peripheral vascular disease, unspecified (443.9)

- 3) I am treating this patient under a comprehensive plan of care for his/her diabetes.
- 4) This patient needs special shoes (depth or custom-molded shoes) and/or inserts because of his/her diabetes.
- 5) With diabetic footwear, the patient's prognosis is _____.
- 6) **The above information is documented in the patient's medical record, as indicated in the attached clinical notes.**

CERTIFYING PHYSICIAN INFORMATION:

_____ MD OR DO
 Physician Name (printed) (circle one) Physician Signature Date

_____ Physician Address _____ Physician NPI #

The Foot Performance Center
 3385 Brighton Henrietta T.L. Road
 Rochester, NY 14623

GUIDELINE FOR CLINICAL NOTES

Dear Primary Care Doctor,

Thank you for helping this patient receive Diabetic Footwear. Medicare has for years required you to fill out and submit the Statement of Certifying Physician. However, in June of 2010, Medicare increased the paperwork requirements on you.

NOW, WE MUST HAVE CLINICAL NOTES FROM YOU THAT SUPPORT THE FOUR MAJOR PORTIONS OF THE STATEMENT OF CERTIFYING PHYSICIAN. IF THE CLINICAL NOTES DO NOT SUPPORT THE STATEMENT OF CERTIFYING PHYSICIAN, THE STATEMENT IS RENDERED VOID.

CLINICAL NOTES GUIDELINES:

1. Must *explicitly* CERTIFY THAT THE PATIENT HAS DIABETES AND ASSIGN A 5 DIGIT ICD-9 (249.00 to 250.93). Results of tests, exams, findings must be in the notes (i.e. blood glucose levels and A1c), not merely the ICD-9, although the ICD-9 is also required.

2. Must *explicitly* state "I AM TREATING THE PATIENT UNDER A COMPREHENSIVE PLAN OF CARE FOR DIABETES". *The doctor must use that exact phrase.* The doctor should elaborate other portions of the plan of care (medicine, nutrition, education, other specialists).

3. Must *explicitly* state "THE PATIENT WOULD BENEFIT FROM DIABETIC FOOTWEAR TO PROTECT THEIR FEET". *The doctor must use that exact phrase.*

4. Must explicitly document a foot exam and one or more of the required conditions. THIS INCLUDES THE DETAILS OF TESTS, EXAMS, INSPECTIONS, FINDINGS, ETC. THAT WERE USED TO COME TO THE CONCLUSION THAT THE CONDITION EXISTS. You may rely on findings of other doctors (i.e. foot doctor), but must specifically cite them and sign off on them.

- Lower limb amputation, foot (V49.73 & 755.38)
- Lower limb amputation, great toe (V49.71 & 755.39)
- Lower limb amputation, lesser toe(s) (V49.72 & 755.39)
- Ulcer of heel and midfoot (707.14)
- Ulcer other part of foot (707.15)
- History of pre-ulcerative callus (707.9)
- Polyneuropathy in diabetes (357.2) and History of pre-ulcerative callus (707.9) **BOTH MUST BE DOCUMENTED**
- Claw toe (735.5)
- Hammer toe (735.4) Other _____
- Hallux valgus (735.0)
- Hallux rigidus (735.2)
- Unspecified acquired deformity of toe (735.9)
- Unspecified deformity of ankle and foot, acquired (736.70)
- Charcot Arthropathy (713.5)
- Atherosclerosis of the extremities, unspecified (440.20)
- Atherosclerosis of the extremities with intermittent claudication (440.21)
- Atherosclerosis of the extremities with ulceration (440.23)
- Peripheral vascular disease, unspecified (443.9)

DON'T FORGET TO
DOCUMENT THE FINDING
AND THE METHOD OF HOW
THE FINDING WAS FOUND.

We know these requirements place a burden on you and your staff. Our industry groups are lobbying Medicare to remove this ruling and we will inform all doctors when/if we are successful. In the mean time, please know that these efforts will ensure your patient gets the footwear that they need and with Medicare paying for them. Thank you for your assistance.

The Foot Performance Center
3385 Brighton Henrietta T.L. Road
Rochester, NY 14623